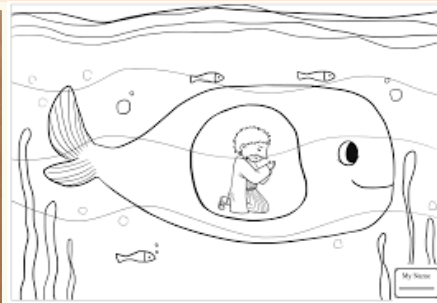




St. Thomas Orthodox Cathedral; Dubai



3 days lent 2018 – Jan 22-23-24



During this fast, we remember the three days Prophet Jonah spent in the belly of a large fish as penance for his disobedience to God and the atonement of the sinful city of Nineveh.

During these three days, we should look at our lives and show remorse for our disobedient natures and follow in the footsteps of Prophet Jonah and the people of Nineveh.

May the Lord God accept your prayers, repentance and fasting. May He reward you and shower His blessing upon you.

Prepare Yourself for 3 days LENT !!!

PROGRAMME

22 JAN 2018 (1 ST DAY)	7.00 - 7.30 PM EVENING PRAYER	7.30 – 9.00 PM – RETREAT Rev.Fr. JOJI KURIEN THOMAS (Asst. Vicar. St.Gregorios Orthodox Church; Sharjah)
23 JAN 2018 (2 ND DAY)	7.00 - 7.30 PM EVENING PRAYER	7.30 – 9.00 PM – RETREAT Rev.Fr. THOMAS JOHN MAVELIL (Vicar. St.Dionysius Orthodox Church ; Al Ain)
24 JAN 2018 (3 RD DAY)	10.00 AM - 12.00 PM RETREAT Rev.Fr. JACOB GEORGE (Vicar. St.Gregorios Orthodox Church; Jabel Ali)	7.00 – 9.00 PM HOLY QURBANA